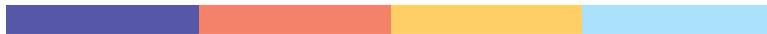


# Walking in the Spirit



## FRUIT OF THE SPIRIT—

the results of the Holy Spirit's workings in the lives of believers

When a person is guided by the Holy Spirit, the results are peace, love, joy, patience, kindness, goodness, faithfulness, gentleness, and self-control.



### **KNOW**

The Holy Spirit guides us as we live for God's glory.



### **UNDERSTAND**

The Holy Spirit shows us our sin and helps us make God-honoring choices.



### **DISCOVER**

The Holy Spirit changes the way we think and act to be more like Jesus.

KEY VERSE: "IN WHICH YOU PREVIOUSLY LIVED ACCORDING TO THE WAYS OF THIS WORLD, ACCORDING TO THE RULER OF THE POWER OF THE AIR, THE SPIRIT NOW WORKING IN THE DISOBEDIENT. WE TOO ALL PREVIOUSLY LIVED AMONG THEM IN OUR FLESHLY DESIRES, CARRYING OUT THE INCLINATIONS OF OUR FLESH AND THOUGHTS, AND WE WERE BY NATURE CHILDREN UNDER WRATH AS THE OTHERS WERE ALSO." —EPHESIANS 2:2-3



### THE FRUIT OF THE SPIRIT

Paul wrote a letter to the Christians in Galatia. Galatia was a province in Rome, and many of the Christians there were Gentiles, or non-Jews. Paul explained that God changes people who trust in Jesus. God gives them the Holy Spirit, who guides them and gives them power to become more like Jesus. Paul wrote that the Holy Spirit changes the way we think and act. He wanted believers to know that if you let the Holy Spirit guide you, you will do what God wants instead of what you want.

When sin is in control, we do wrong things. We show hatred, jealousy, anger, selfishness, and greed. We fight and get into trouble. People who live like this will not enter God's kingdom. But Jesus frees us from the power of sin. His Holy Spirit lives in us and gives us power to do what is right.

When the Holy Spirit is in control, people choose love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. These actions are the fruit of the Spirit—proof that the Spirit is in someone—like how a healthy tree produces fruit. This fruit pleases God. Paul wrote that when we trust in Jesus, we no longer want to do whatever pleases ourselves. The Holy Spirit gives us power to say no to things like hatred, jealousy, anger, selfishness, and greed. The more we know Jesus, the more we will choose actions like joy, kindness, and self-control. We will want to live to please God. Since the Holy Spirit lives in us, we must let the Holy Spirit guide us.

— *based on Galatians 5*





When we trust in Jesus, the Holy Spirit begins to change us. Paul told the believers in the Galatian church how to recognize that God is working in someone's life. People who are saved by Jesus become more like Him, and the Holy Spirit gives them power to say no to sin and to live in a way that pleases God.

**Key Verse:** Ephesians 2:2-3

**Key Passage:** The Fruit of the Spirit (Galatians 5)

### BIBLE STORY

Read the Bible story for Session 7 on page 55 of your child's Activity Book and ask the following review questions.

- › **Q1:** Who did Paul write this letter to?
- › **A1:** The church at Galatia (*Gal. 1:2*)
- › **Q2:** When the Holy Spirit is in control, what actions do people choose?
- › **A2:** Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. (*Gal. 5:22-23*)
- › **Q3:** What does the fruit of the Spirit mean?
- › **A3:** These actions are proof that the Spirit is in someone. The more we know Jesus, the more we choose these actions.

### DEEPER STUDY

Mention that the Bible helps us know at least three things about the Holy Spirit: The Holy Spirit comforts us, shows us our sin, and guides us as we live for God's glory. Read the following verses and discuss.

- › **Q1:** Read John 16:13 together. Who is the "Spirit of truth"? What did Jesus say He would do when He came?
- › **A1:** The "Spirit of truth" is the Holy Spirit. Jesus told His followers that the Holy Spirit would guide them.
- › **Q2:** Read John 16:8 together. What else does the Holy Spirit do?
- › **A2:** The Holy Spirit shows us our sin.
- › **Q3:** Read Ephesians 5:15 together. What does this verse instruct believers to do?
- › **A3:** This verse tells believers to live wisely. Believers can live wisely by praying to God, reading and obeying the Bible, trusting in God's promises, and growing to look more like Jesus.

### PRAY AND JOURNAL

Pray together, thanking God for His Word to teach your family more about the Holy Spirit. Ask the Holy Spirit to comfort you, show you sin in your life, and guide your family as you live for God's glory.

Encourage your child to complete the daily pages this week.

**THE WORK OF THE HOLY SPIRIT**

The Holy Spirit has at least three ways of helping Christians. Find each one by writing the first letter of the picture in the blank above the picture. Then read the sentences you created.

THE HOLY SPIRIT

US AS WE LIVE FOR GOD'S GLORY.

THE HOLY SPIRIT

THE WAY WE THINK AND ACT TO BE MORE LIKE JESUS.

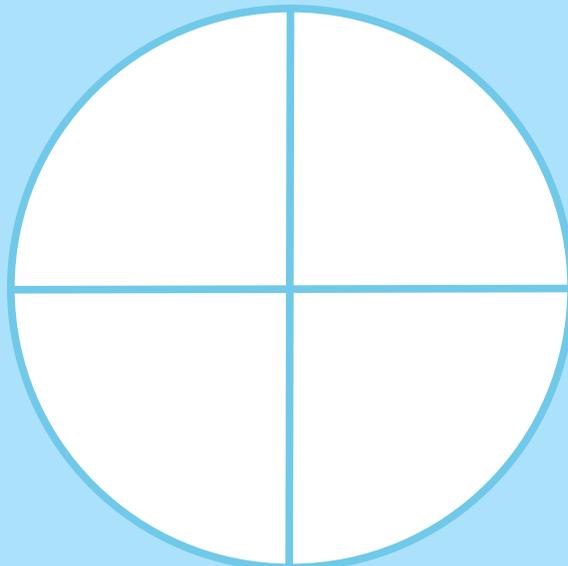
THE HOLY SPIRIT

OUR SIN AND HELPS US MAKE CHOICES THAT BRING GOD GLORY.



**DIGGING DEEPER**

Read Ephesians 5:15-21. In the wedges, draw or write good things you read that are good for Christians to do.



## A-MAZING KEY VERSES

Find your way through the maze to the loop at the bottom. Find a path of yellow circles that creates the verse you've been learning. Avoid orange circles as you go! Stop and read each yellow sign as you come to it.

**START**  
EPHESIANS 2:2-3

IN WHICH YOU PREVIOUSLY LIVED

BY NATURE CHILDREN UNDER WRATH

AS THE OTHERS WERE ALSO.

THIS WORLD, ACCORDING TO

AND THOUGHTS AND WE WERE

THE RULER OF THE POWER

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WE TOO ALL PREVIOUSLY

FLESHLY DESIRES, CARRYING OUT

BY NATURE CHILDREN UNDER WRATH

AS THE OTHERS WERE ALSO.

Now, turn your book upside down and start where you just finished. Read each orange sign in order, and avoid the yellow ones! Can you do the maze again, blotting out a box with your finger and filling in the words when you come to that box? Try to fill in as many boxes as you can. Be sure to do it both directions!



**DIGGING DAILY**

Digging in the Bible means...

- reading Bible verses,
- thinking about what the verses mean,
- discovering what God wants you to know.

At the end of each week’s study, you will have a page to use privately as you talk to God in prayer.

Each day will have a Bible passage for you to read and think about. Each day will also have space for you to journal your thoughts, feelings, and questions to God. Now, get digging!



**READ GALATIANS 5:1**

Paul talked about freedom in this verse. What do you think he meant believers are free from? Choose one of these words:

INSECTS      SIN      WORK

Paul wanted Christians to know they are free from the slavery of sin. Since Jesus takes away our sin, Christians are to live free from the blame and shame of sin.

When you pray today, think about being free from the punishment of sin. Thank Jesus that He has taken that punishment and offered a new identity as child of God for everyone who trusts in Him. ....

.....

.....



**READ GALATIANS 5:7**

Paul was not talking about running for exercise. He was talking about people following Jesus. Some of the people had been doing what God wanted. Then others encouraged them to believe lies about Jesus. Those lies made people do bad things. Paul wanted them to change.

Who have you learned will help Christians change the way they think and act to be more like Jesus?.....

.....

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.....

Need a hint: The initials are H.S.



Ask God to help you recognize when you hear lies about Him and what He wants you to do. Ask Him to help you live for His glory.....

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**READ EPHESIANS 5:1**

Parents help their kids learn to talk by talking to them. As the child grows, he imitates his parents. He learns to talk!

Paul wanted people to imitate God like a child imitates a parent. How could you be an imitator of God? Need help? Read 1 John 4:8 and Psalm 86:5 for clues. ....

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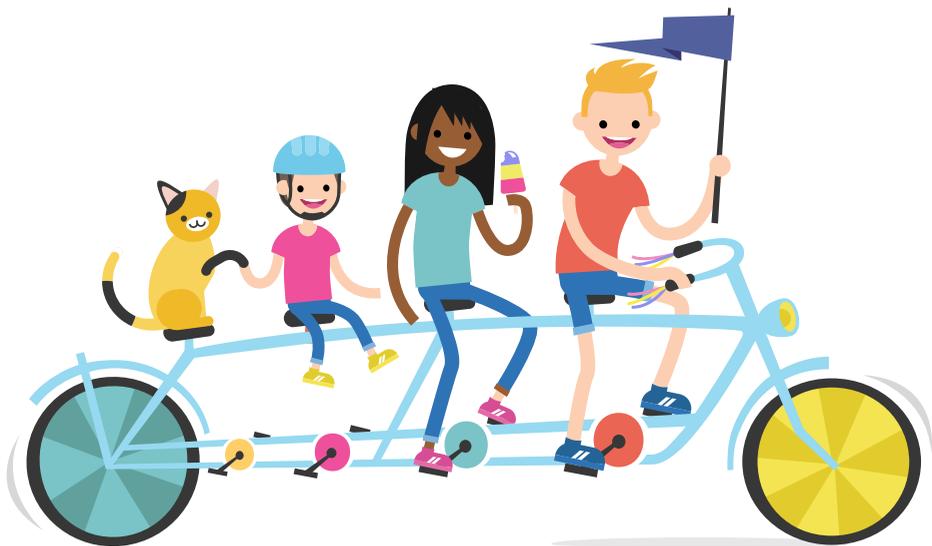
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Talk to God about imitating Him. Think of Bible verses about what God is like. Ask God how you can be more like Him. ....

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**READ EPHESIANS 5:15**

How does this verse tell people to live?.....

Read this message in a mirror to find part of what being wise means.

HAVING GOOD SENSE AND JUDGMENT

What is the difference between being wise and being smart?.....

What do you want to talk to God about in prayer concerning being wise?



**READ EPHESIANS 5:29**

Unscramble this word to find out what Christians are to give thanks for.

RYEVEGINTH

Are you supposed to give thanks for having math tests or going to the dentist? .....

A big reason to thank God for everything is to remember that He is in control and He wants good for you. He wants you to learn your math and to have healthy teeth!

Talk to God about things that seem hard to be thankful for. Then thank Him for all the wonderful things you have. You can make notes here if you want.....

