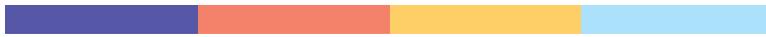


Walking in the Spirit



FRUIT OF THE SPIRIT-

the results of the Holy Spirit's workings in the lives of believers
When a person is guided by the Holy Spirit, the results are peace, love, joy, patience, kindness, goodness, faithfulness, gentleness, and self-control.



KNOW

The Holy Spirit guides us as we live for God's glory.



UNDERSTAND

The Holy Spirit shows us our sin and helps us make God-honoring choices.



DISCOVER

The Holy Spirit changes the way we think and act to be more like Jesus.

KEY VERSE: "IN WHICH YOU PREVIOUSLY LIVED ACCORDING TO THE WAYS OF THIS WORLD, ACCORDING TO THE RULER OF THE POWER OF THE AIR, THE SPIRIT NOW WORKING IN THE DISOBEDIENT. WE TOO ALL PREVIOUSLY LIVED AMONG THEM IN OUR FLESHLY DESIRES, CARRYING OUT THE INCLINATIONS OF OUR FLESH AND THOUGHTS, AND WE WERE BY NATURE CHILDREN UNDER WRATH AS THE OTHERS WERE ALSO." —EPHESIANS 2:2-3



THE FRUIT OF THE SPIRIT

Paul wrote a letter to the Christians in Galatia. Galatia was a province in Rome, and many of the Christians there were Gentiles, or non-Jews. Paul explained that God changes people who trust in Jesus. God gives them the Holy Spirit, who guides them and gives them power to become more like Jesus. Paul wrote that the Holy Spirit changes the way we think and act. He wanted believers to know that if you let the Holy Spirit guide you, you will do what God wants instead of what you want.

When sin is in control, we do wrong things. We show hatred, jealousy, anger, selfishness, and greed. We fight and get into trouble. People who live like this will not enter God's kingdom. But Jesus frees us from the power of sin. His Holy Spirit lives in us and gives us power to do what is right.

When the Holy Spirit is in control, people choose love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. These actions are the fruit of the Spirit—proof that the Spirit is in someone—like how a healthy tree produces fruit. This fruit pleases God. Paul wrote that when we trust in Jesus, we no longer want to do whatever pleases ourselves. The Holy Spirit gives us power to say no to things like hatred, jealousy, anger, selfishness, and greed. The more we know Jesus, the more we will choose actions like joy, kindness, and self-control. We will want to live to please God. Since the Holy Spirit lives in us, we must let the Holy Spirit guide us.

— based on Galatians 5






Walking in the Spirit

When we trust in Jesus, the Holy Spirit begins to change us. Paul told the believers in the Galatian church how to recognize that God is working in someone's life. People who are saved by Jesus become more like Him, and the Holy Spirit gives them power to say no to sin and to live in a way that pleases God.

Key Verse: Ephesians 2:2-3

Key Passage: The Fruit of the Spirit (Galatians 5)

BIBLE STORY

Read the Bible story for Session 7 on page 55 of your child's Activity Book and ask the following review questions.

- › **Q1:** Who did Paul write this letter to?
- › **A1:** The church at Galatia (*Gal. 1:2*)
- › **Q2:** When the Holy Spirit is in control, what actions do people choose?
- › **A2:** Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. (*Gal. 5:22-23*)
- › **Q3:** What does the fruit of the Spirit mean?
- › **A3:** These actions are proof that the Spirit is in someone. The more we know Jesus, the more we choose these actions.

DEEPER STUDY

Mention that the Bible helps us know at least three things about the Holy Spirit: The Holy Spirit comforts us, shows us our sin, and guides us as we live for God's glory. Read the following verses and discuss.

- › **Q1:** Read John 16:13 together. Who is the "Spirit of truth"? What did Jesus say He would do when He came?
- › **A1:** The "Spirit of truth" is the Holy Spirit. Jesus told His followers that the Holy Spirit would guide them.
- › **Q2:** Read John 16:8 together. What else does the Holy Spirit do?
- › **A2:** The Holy Spirit shows us our sin.
- › **Q3:** Read Ephesians 5:15 together. What does this verse instruct believers to do?
- › **A3:** This verse tells believers to live wisely. Believers can live wisely by praying to God, reading and obeying the Bible, trusting in God's promises, and growing to look more like Jesus.

PRAY AND JOURNAL

Pray together, thanking God for His Word to teach your family more about the Holy Spirit. Ask the Holy Spirit to comfort you, show you sin in your life, and guide your family as you live for God's glory.

Encourage your child to complete the daily pages this week.

STRAIGHT AHEAD, WRONG WAY

The Holy Spirit helps people want to act more and more like Jesus. Satan wants people to act less like Jesus.

Below are examples of things kids sometimes want to do. Draw a line from each one to the proper sign of whether the action leads straight ahead to being more like Jesus or is the wrong way to being more like Jesus.

PRAY FOR A FRIEND

ARGUE OVER THE TV REMOTE

SPEAK WITH KINDNESS

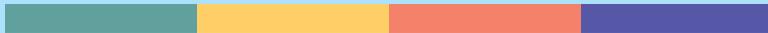
READ OR THINK ABOUT BIBLE VERSES EVERY DAY

DO THE SAME TO SOMEONE WHO HURT YOU

SHARE WHAT YOU HAVE

IGNORE KIDS WHO ARE DIFFERENT THAN YOU

INVITE OTHERS TO CHURCH



DIGGING DEEPER

Find John 14:26 in a Bible. This verse tells two more things the Holy Spirit does. Can you find them?

1)

2)

Who sent the Holy Spirit?

Sometimes different names are used for the Holy Spirit. What name for the Holy Spirit do you find in John 14:26?

The names Counselor, Comforter, and Advocate are all names for the Holy Spirit and mean about the same thing. You probably already know the words counselor and comforter, but what about advocate? An advocate is one who is called alongside to help. The Holy Spirit is called to come alongside Christians to help them. Other verses to help you know more about the Holy Spirit are John 14:16-17 and John 16:8.



MY DAILY JOURNAL

A journal is a place to keep track of your thoughts, feelings, questions, answers, and prayers. During the study, these pages will guide you to use your Bible, to think about what you read, and to give you suggestions for prayer.



READ GALATIANS 5:16-17

What do you think is meant by “walking in the Spirit?”

.....
.....

These verses talk about people wanting to do things that are of the world or of the flesh, meaning they want to do what Satan wants. That is not walking in the Spirit! Walking in the Spirit is doing the opposite of what Satan wants. What are some things you know God wants people to do?.....

.....

Thank God that the Holy Spirit can help Christians obey God even when they are tempted to disobey.....

.....



READ GALATIANS 5:22-23

These verses list the good results of walking in the Spirit. Write your own list here. Write the first three on the first line, the next three on the second line, and the last three words on the last line.

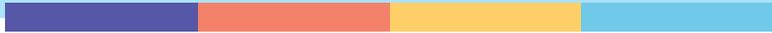
1)

2)

3)

Thank God that He gives the fruit of the Spirit to those who follow Jesus.....

.....
.....
.....



DAY
3

READ EPHESIANS 5:1

What does this verse say to you?.....

.....
.....

How can you live wisely?.....

.....
.....

Pray: Thank You, God, for helping me....

.....
.....



DAY
4

READ EPHESIANS 5:18

What should a person be filled with?.....

.....
.....

Do you think a person filled with the Holy Spirit would act differently than someone who is not? How?.....

.....
.....

Think about ways the Holy Spirit helps believers. Do you need help from the Holy Spirit? Talk to God about your needs and desires.....

.....
.....

.....
.....





READ EPHESIANS 5:20

This verse directs people to give thanks. From the verse, answer the following questions about giving thanks.

When?

To whom?

For what?

How?

You may have heard people end their prayers by saying “In Jesus’ name, Amen.” They are remembering to do what this verse encourages. They are praying in the name of Jesus, the One who goes to God for them with their prayers. (Romans 8:34)

When you pray today, remember the what, when, to whom, for what, and how of praying.

