

# THE "JOURNEY"

## DESCRIPTION

The Journey is a life-changing trek through the entire New Testament and parts of the Old.

The pace is steady, but doable... one chapter a day, five days a week (take Saturday off so you don't get legalistic, and take Sunday to worship with your church body).

The route will follow the great "streams" of the Bible that connect books that share a common source, audience or purpose. By starting at the beginning and continuing to the end of each "stream," you will have time to recognize and enjoy the unique language, imagery and message of each.

The reading schedule is your "map."

## 15 MINUTES WITH GOD

As in any relationship, knowing God takes time together. **If you are just beginning, 15 minutes a day is a good way to start.** Find a quiet place and a workable time when you can regularly be alone. Then...

**Read (5 minutes).** Following our Journey reading schedule, read a chapter 5 days each week.

**Journal. (5 minutes).** After you've read your chapter, go back and ask, "What is God saying to me?" In just two or three sentences write what you are hearing.

**Pray (5 minutes).** Talk from your heart about the things that matter most to you. You might try following the well-known pattern of "ACTS."

- Adoration. "Lord, I'm amazed by Your...."
- Confession. "Lord, I was wrong when I...."
- Thanksgiving. "Lord, I'm grateful for...."
- Supplication. "Lord I need...."

That's it. Start short. Keep it simple. Be consistent... and patient. And God promises to change your life.

*But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither, Whatever he does prospers.*

- Psalm 1:2-3

## **READING SCHEDULE**

Below you will see different “Streams” of scripture... Pick one and read through it, then start on the next. We’ve mixed the New Testament with excerpts from the Old Testament to give the reader a healthy mix.

JOHN STREAM - Gospel of John, John’s letters, Revelation

SOLOMON STREAM 1 - Proverbs

JEWISH STREAM - Mt, Heb, Jas

SOLOMON STREAM 2 - Ecclesiastes

DAVID STREAM 1 - Ps 1-30

PAUL STREAM - Lk, Acts, Paul’s Letters (in chronological order: Gal, I & II Thes, Rom, I & II Cor, Eph, Col, Philemon, Phil, Titus, I Tim, II Tim)

DAVID STREAM 2 - Ps 31-60

PETER STREAM - Mk, I & II Pet, Jude

DAVID STREAM 3 - Ps 61-90